

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carla du tiot**

Has successfully participated & completed the

**5km Shift Wellness - Winter Wellness Trail Series**

held at Walter Sisulu Garden.

**TIME 01:21:18**

**PACE 16:15/km**

**GENDER 29 of 32**

**OVERALL 36 of 41**

**< 13 2 of 2**

21 July 2019, Sun

Date



*BoutTime*

Signature

